

Bowling Green Parks and Recreation

Youth Flag Football Ages 8-12

Fridays 4:30pm-6pm

April 5th-May 24th

This is an 8 week program, on Fridays located on the Bowling Green Athletic Fields or Community Center gymnasium (weather pending), for both boys and girls ages 8-12, which will introduce the game of flag football. This program is skills & scrimmage based where participants will learn both rules and terminology of flag football, also including fundamentals from various activities and friendly scrimmages at the end of each practice. All participants will receive a special NFL Flag jersey with their favorite NFL team of choice and their own personal flag belt. Once the program is completed, participants will also receive a certificate of achievement signed by both Roger Goodell and Scott Hallenbeck. Its suggested that participants bring both indoor and outdoor shoes.



Program Intentions and Benefits

- Personal NFL Flag jersey & flag belt
- Exercise & conditioning through multiple activities
 - Introduction to rules of flag football
 - Terminology of flag football
 - All-Star tournament at end of season
- Special guest appearances by BGSU Men's Football team

Cost: \$45/Bowling Green Residents, \$54/Non Bowling Green Residents

Located @ 1245 W Newton Rd, Bowling Green, OH

All skill levels are welcome !



Register Online: www.bgohio.org/parks
or register by visiting us at the address below:

Bowling Green Community Center

1245 W. Newton Road, Bowling Green, OH 43402 419-354-6223

