

## Couch Potato 2010 5K Female Run/Walk Age Group Registration

### **Champion 5K Female**

Dixon Tiffany Bowling Green, OH 29 19:10.32

### **Champion 5K Female Master**

Mathews Joan Maumee, OH 53 22:57.91

<i>Last Name</i>	<i>First Name</i>	<i>City/State</i>	<i>Age</i>	<i>Time</i>
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#### **Ages 9 and under**

<b>1</b>	Farmer	Rory	Pemberville, OH	8	30:05.43
<b>2</b>	Thompson	Jazmine	Custar, OH	9	45:38.03
<b>3</b>	Johnson	Lauren	Toledo, OH	9	51:44.68

#### **Ages 10 - 14**

<b>1</b>	Patton	Jessica	Bowling Green, OH	12	28:18.25
<b>2</b>	Meyers	Lauren	Fostoria, OH	10	30:30.21
<b>3</b>	Diettrich	Mallory	Monclova, Ohio	12	30:31.40
<b>4</b>	Johnson	Megan	Toledo, OH	10	52:09.58

#### **Ages 15 - 19**

<b>1</b>	Lemon	Elizabeth	Bowling Green, OH	17	19:50.03
<b>2</b>	Haubert	Cortney	Bowling Green, OH	15	21:20.42
<b>3</b>	Smythe	Colleen	Bowling Green, OH	18	24:35.00
<b>4</b>	Lysaght	Paige	Toledo, OH	18	24:59.83
<b>5</b>	Murphy	Carys	Bowling Green, OH	17	26:19.18
<b>6</b>	Newlove	Taylor	Bowling Green, OH	19	27:27.27
<b>7</b>	Arps	Mackenzie	Bowling Green, OH	17	29:28.05
<b>8</b>	Panter	Sage	Bowling Green, OH	19	30:14.16
<b>9</b>	Cramer	Leah	Findlay, OH	16	32:18.25
<b>10</b>	Baldwin	Megan	Luckey, OH	15	50:50.46

#### **Ages 20 - 24**

<b>1</b>	Richards	Kristin	Bowling Green, OH	22	20:33.09
<b>2</b>	Shaw	Unique	Bowling Green, OH	21	25:04.36
<b>3</b>	Moates	Rebecca	Vacaville, CA	24	25:05.50
<b>4</b>	King	Samantha	Bowling Green, OH	22	25:36.82
<b>5</b>	Stencil	Kari	Bowling Green, OH	21	26:24.72
<b>6</b>	Nichols	Abbey	Findlay, OH	24	27:43.40
<b>7</b>	Dunn	Jacey	Deshler, OH	22	27:46.16
<b>8</b>	Roof	Christine	Westerville, OH	22	28:06.67
<b>9</b>	Irick	Liz	Rudolph, OH	21	28:17.28
<b>10</b>	Savage	Meghan	Bowling Green, OH	21	28:32.86

<b>11</b>	Dix	April	Bowling Green, OH	24	28:54.26
<b>12</b>	Shelton	Kendall	Perrysburg, OH	23	29:22.97
<b>13</b>	Smith	Holly	Bowling Green, OH	22	29:44.64
<b>14</b>	Fricke	Sarah	Pandora, OH	20	30:09.55
<b>15</b>	Pierson	Jackie	Toledo, OH	22	30:15.79
<b>16</b>	Fellhauer	Renee	Perrysburg, OH	22	32:25.62
<b>17</b>	Seim	Stephanie	Bowling Green, OH	21	33:14.28
<b>18</b>	Zachrich	Shari	Dalton, OH	24	34:26.48
<b>19</b>	Nicholson	Lindsay	Perrysburg, OH	24	35:54.14
<b>20</b>	Claes	Megan	Napoleon, OH	24	40:17.51
<b>21</b>	Schlumbohm	Molly	Findlay, OH	24	40:18.14
<b>22</b>	Quinlan	Faith	Bowling Green, OH	24	52:33.64
<b>23</b>	Young	Natalie	Bowling Green, OH	24	53:16.09
<b>24</b>	Johnson	Michelle	Bowling Green, OH	22	53:16.45
<b>25</b>	Konen	Emily	Surfside Beach, SC	22	54:37.59
<b>26</b>	Wensink	Abby	Redkey, IN	24	54:38.97
<b>27</b>	Rodriguez	Emily	Bowling Green, OH	21	58:10.00
<b>28</b>	Kramer	Aimee	Bowling Green, OH	22	29:02.24

### Ages 25 - 29

<b>1</b>	Dixon	Tiffany	Bowling Green, OH	29	19:10.32
<b>2</b>	Killian	Karen	Bryan, OH	25	19:41.63
<b>3</b>	Henline	Cindi	Luckey, OH	29	22:11.00
<b>4</b>	Carney	Lisa	Bowling Green, OH	28	22:17.45
<b>5</b>	Gooden	Natalee	Bowling Green, OH	28	22:38.38
<b>6</b>	Steffens	Sara	Bedford, OH	27	25:02.52
<b>7</b>	Kochetkova	Maria	Bowling Green, OH	25	25:59.61
<b>8</b>	Chatfield	Bonita	Bowling Green, OH	26	26:33.07
<b>9</b>	Lucarelli	Kristen	Columbus, OH	29	26:48.54
<b>10</b>	Vogtsberger	Liz	Bowling Green, OH	28	27:26.43
<b>11</b>	Hill	Nicole	Fremont, OH	29	28:02.71
<b>12</b>	Zemaitis	Sarah	Bowling Green, OH	29	29:20.50
<b>13</b>	Inkrott	Mary Kay	Bowling Green, OH	26	29:30.52
<b>14</b>	Meyers	Candace	Bowling Green, OH	25	29:32.50
<b>15</b>	Senecal	Amy	Bowling Green, OH	26	29:33.32
<b>16</b>	Oriold	Amber	Toledo, OH	27	30:47.87
<b>17</b>	Smith	DaNetra	Swanton, OH	28	31:28.20
<b>18</b>	Joseph	Shelly	Bowling Green, OH	26	32:19.12
<b>19</b>	Shipman	Cynthia	Bowling Green, OH	27	32:30.08
<b>20</b>	Dayhovski	Maya	Sylvania, OH	27	32:39.88
<b>21</b>	Via	Amy	Perrysburg, OH	25	32:42.12
<b>22</b>	Austin	Marne	Bowling Green, OH	25	33:21.35
<b>23</b>	Powell	Brooke	Columbus, OH	29	33:32.01
<b>24</b>	Sites	Kali	Findlay, OH	27	33:52.23
<b>25</b>	Freeman	Melissa	Perrysburg, OH	28	34:07.42
<b>26</b>	Slagle	Heather	Perrysburg, OH	29	37:50.06
<b>27</b>	Holley	Laura	Bowling Green, OH	26	38:02.01
<b>28</b>	Clocksinn	Kate	Maumee, OH	28	39:57.27
<b>29</b>	Platzer	Erin	Bowling Green, OH	26	41:37.92

<b>30</b>	Priebs	Jessica	Toledo, OH	28	42:39.81
<b>31</b>	Spencer	Sara	Sylvania, OH	26	43:28.33
<b>32</b>	Columber	Silvia	Bradner, OH	27	45:48.91
<b>33</b>	Schutze	Briana	Bowling Green, OH	28	56:57.60

### Ages 30 - 34

<b>1</b>	Miller	Christy	Luckey, OH	32	22:10.12
<b>2</b>	Hoffman	Lisa	Helena, OH	33	23:24.56
<b>3</b>	Desmond	Anastasia	Bowling Green, OH	31	23:41.12
<b>4</b>	Motsch	Molly	Toledo, OH	32	24:03.03
<b>5</b>	Moon	Meredith	Bowling Green, OH	34	25:35.79
<b>6</b>	Malan	Amber	Fremont, OH	33	25:58.93
<b>7</b>	Schiltz	Shelly	Findlay, OH	34	26:52.05
<b>8</b>	Kramer	Maria	Clyde, OH	34	28:05.43
<b>9</b>	Eckel	Laura	Toledo, OH	32	28:36.41
<b>10</b>	Tuttamore	Janelle	Pemberville, OH	30	28:37.06
<b>11</b>	Knauss	Kim	Bowling Green, OH	33	28:57.77
<b>12</b>	Robinson	Jody	Bowling Green, OH	30	29:39.15
<b>13</b>	Crawford	Heather	Haskins, OH	31	29:43.23
<b>14</b>	Freytag	Jody	Waterville, OH	34	29:51.58
<b>15</b>	Olszewski	Gretchen	Bowling Green, OH	30	30:06.25
<b>16</b>	Sayer	Kirsty	Bowling Green, OH	34	30:11.66
<b>17</b>	Barricklow	Katherine	Bowling Green, OH	30	30:17.50
<b>18</b>	Fedorchuk	Irina	Bowling Green, OH	33	30:29.09
<b>19</b>	Foster	Tamiko	Bowling Green, OH	33	30:46.94
<b>20</b>	Von Lehmden	Michelle	Bowling Green, OH	31	31:31.32
<b>21</b>	Ray	Mandy	Bowling Green, OH	34	31:40.03
<b>22</b>	Royer	Heather	Holland, OH	32	31:49.52
<b>23</b>	Durbin	Susan	Luckey, OH	34	32:14.16
<b>24</b>	Avery	Jennifer	Bowling Green, OH	30	32:17.47
<b>25</b>	Warner	Kam	Perrysburg, OH	33	32:39.18
<b>26</b>	Cheatwood	Nancy	Bowling Green, OH	33	32:41.44
<b>27</b>	Reimer	Nicki	Weston, OH	34	32:50.94
<b>28</b>	Barnes	Laura	Custar, OH	30	33:40.72
<b>29</b>	Helfman	Kristal	Sylvania, OH	31	34:20.87
<b>30</b>	Wilkins	Haley	Weston, OH	30	34:21.34
<b>31</b>	Stanfield	Cindy	Bowling Green, OH	32	35:46.64
<b>32</b>	Cramer	Victoria	Findlay, OH	30	38:54.56
<b>33</b>	McGlothlin	Carrie	Bowling Green, OH	34	38:56.53
<b>34</b>	Robison	Lisa	Deshler, OH	32	39:05.23
<b>35</b>	Chatfield	Kelly	Bowling Green, OH	30	40:38.09
<b>36</b>	Lehman	Rachel	Bowling Green, OH	31	44:51.53
<b>37</b>	Boyle	Katie	Bowling Green, OH	33	50:02.84
<b>38</b>	Halliwill	Wendy	Risingsun, OH	34	50:34.83
<b>39</b>	Baldwin	Lisa	Luckey, OH	32	52:33.24
<b>40</b>	Staneart	Angela	Bowling Green, OH	32	53:21.35
<b>41</b>	Higley	Tanya	Bowling Green, OH	33	55:46.92
<b>42</b>	Mens	Nicky	Holland, OH	31	56:05.02
<b>43</b>	Pekarik	Leah	Bowling Green, OH	30	57:12.10

**Ages 35 - 39**

<b>1</b>	Fausnaugh	Laura	Bowling Green, OH	35	25:03.10
<b>2</b>	Geyman	Karla	Bowling Green, OH	36	26:01.28
<b>3</b>	Courtney	Tracy	Arcadia, OH	35	26:39.49
<b>4</b>	Depinet	Andrea	Bowling Green, OH	37	27:02.96
<b>5</b>	Jeiken	Colken	Bowling Green, OH	37	27:55.33
<b>6</b>	Hermiller	Kathy	Sylvania, OH	39	28:38.37
<b>7</b>	Spridgeon	Angie	Fostoria, OH	37	28:40.59
<b>8</b>	Van Horn	Cassandra	Van Buren, OH	35	29:14.45
<b>9</b>	Hudok	Kristin	Van Buren, OH	36	29:14.97
<b>10</b>	Pardi	Marylynn	Bowling Green, OH	37	30:07.35
<b>11</b>	Pransky	Jeanette	Waterville, OH	37	30:23.67
<b>12</b>	Poole	Brandi	Bowling Green, OH	35	30:25.14
<b>13</b>	Kiess	Carey	Edon, OH	35	31:31.81
<b>14</b>	Hicks	Amber	Bowling Green, OH	38	32:02.19
<b>15</b>	Bethel	Becky	Waterville, OH	39	32:21.07
<b>16</b>	Monday	Melissa	Lima, OH	35	32:26.53
<b>17</b>	Nachtrab	Dena	Sylvania, OH	37	33:07.07
<b>18</b>	Patton	Jill	Bowling Green, OH	35	33:42.67
<b>19</b>	Gasiorski	Michelle	Maumee, OH	39	34:20.30
<b>20</b>	Kirchner	Laural	Bowling Green, OH	36	35:32.16
<b>21</b>	Tucker	Karen	Bowling Green, OH	38	35:32.96
<b>22</b>	Chamoun	Jen	Toledo, OH	38	36:09.63
<b>23</b>	Dewitz	Laurie	Whitehouse, OH	37	37:04.42
<b>24</b>	Dress	Carrie	Whitehouse, OH	39	37:04.75
<b>25</b>	Dunphy	Stephanie	Bowling Green, OH	39	38:02.32
<b>26</b>	Ulrich	Jennifer	Findlay, OH	36	38:53.52
<b>27</b>	Pizio	Jennifer	Toledo, OH	35	39:09.44
<b>28</b>	Marquart	Stacie	Gibsonburg, OH	38	41:47.30
<b>29</b>	Lewis	Jennifer	Bowling Green, OH	37	48:46.02
<b>30</b>	Shade	Kris	Perrysburg, OH	39	49:56.05
<b>31</b>	Peper	Kim	Bowling Green, OH	39	49:59.04
<b>32</b>	Rothfleisch	Lisa	Bowling Green, OH	37	52:07.66
<b>33</b>	Wharton	Sarah	Bowling Green, OH	36	53:41.51

**Ages 40 - 44**

<b>1</b>	Farmer	Renee	Pemberville, OH	40	32:22.96
<b>2</b>	Amborski	Adrienne	Bowling Green, OH	40	33:15.76
<b>3</b>	Peek	Kristie	Bowling Green, OH	40	35:34.39
<b>4</b>	Davis	Amy	Bowling Green, OH	40	50:38.06
<b>5</b>	Badenhop	Teresa	Pemberville, OH	41	25:14.37
<b>6</b>	Anderson	Erin	Holland, OH	41	27:41.48
<b>7</b>	Rapp	Dottie	Pemberville, OH	41	28:01.56
<b>8</b>	Beck	Ann	Bowling Green, OH	41	30:08.71
<b>9</b>	Rogowski	Tammy	Bowling Green, OH	41	32:01.64
<b>10</b>	Calhoun	Tammy	Fremont, OH	41	32:03.64
<b>11</b>	Kikel	Tammy	Swanton, OH	41	32:27.13

<b>12</b>	DiCesare	Julie	Fremont, OH	42	24:45.81
<b>13</b>	McCague	Shari	Toledo, OH	42	34:29.97
<b>14</b>	Ramsey	Joy	Toledo, OH	42	36:46.81
<b>15</b>	Johnson	Beky	Toledo, OH	42	53:17.55
<b>16</b>	Moser	Susan	Bowling Green, OH	43	24:16.72
<b>17</b>	Schuerman	Jennifer	Pemberville, OH	43	25:33.95
<b>18</b>	Gulqin	Christine	Perrysburg, OH	43	52:27.08
<b>19</b>	Emans	Jackie	Bowling Green, OH	44	32:00.88
<b>20</b>	Rakesmith	Christine	Toledo, OH	44	33:26.03
<b>21</b>	Schmitt	Shari	Bowling Green, OH	44	39:04.71

### Ages 45 - 49

<b>1</b>	Anez	Yvette	Fostoria, OH	47	24:23.88
<b>2</b>	Gorski	Elizabeth	Bowling Green, OH	45	25:08.97
<b>3</b>	Abraham	Joyce	Bowling Green, OH	49	28:10.18
<b>4</b>	Vascik	Joy	Perrysburg, OH	49	28:45.11
<b>5</b>	Kale	Melinda	Rudolph, OH	45	29:48.57
<b>6</b>	Peters	Patricia	Pemberville, OH	46	29:53.26
<b>7</b>	Bickel	Frankie	Port Clinton, OH	47	32:31.64
<b>8</b>	Rakesmith	Melinda	Toledo, OH	46	33:21.99
<b>9</b>	Green	Rebecca	Bowling Green, OH	46	34:54.87
<b>10</b>	Scholl	Pat	Bowling Green, OH	47	36:27.87
<b>11</b>	Shinn	Dori	Maumee, OH	46	39:21.47
<b>12</b>	Conrad	Lee	Bowling Green, OH	47	44:50.31
<b>13</b>	Biel	Laura	Rossford, OH	49	50:01.72
<b>14</b>	Wensink	Diane	Rudolph, OH	49	55:01.49
<b>15</b>	Sheets	Kim	Dunbridge, OH	45	55:53.35
<b>16</b>	Wireman	Kelly	Fremont, OH	48	1:08:23.02

### Ages 50 - 54

<b>1</b>	Mathews	Joan	Maumee, OH	53	22:57.91
<b>2</b>	Anderson	Teri	Perrysburg, OH	53	31:41.63
<b>3</b>	Hafemann	Mary Kate	Toledo, OH	50	34:13.11
<b>4</b>	Blatchly	Cathy	Bowling Green, OH	53	36:13.49
<b>5</b>	Bechtel	Pamela	Bowling Green, OH	54	37:47.28
<b>6</b>	McIntosh	Penny	Bowling Green, OH	52	49:41.12
<b>7</b>	Thompson	Alice	Custar, OH	52	52:08.99
<b>8</b>	Maynard	Laurie	Bowling Green, OH	54	53:18.50
<b>9</b>	Hodges	Dodi	Surfside Beach, SC	51	53:56.72
<b>10</b>	Lauck	Cathy	Fostoria, OH	54	55:00.44
<b>11</b>	Ratliff	Joyce	Toledo, OH	50	55:46.58
<b>12</b>	Ford	Barbara	Bowling Green, OH	50	56:02.68
<b>13</b>	Scherreik	Kay	Bowling Green, OH	52	56:02.93

### Ages 55 - 59

<b>1</b>	Toy	Janet	Findlay, OH	55	28:26.84
<b>2</b>	Barker	Holly	Bowling Green, OH	57	34:11.76

<b>3</b>	Gonzales	Wendy	Wayne, OH	55	36:24.43
<b>4</b>	Siehl	Peterann	Port Clinton, OH	59	38:14.10
<b>5</b>	Roller	Cindy	Fostoria, OH	57	47:57.54
<b>6</b>	Predmore	Gaynelle	Bowling Green, OH	56	48:44.58

#### **Ages 60 - 64**

<b>1</b>	Wentz	Sheila	Bowling Green, OH	61	40:43.94
<b>2</b>	Steinker	Paula	Bowling Green, OH	60	44:49.54
<b>3</b>	Hardwick	Sheryl	Bowling Green, OH	60	46:58.25
<b>4</b>	Bushong	Karen	Arcadia, OH	63	49:20.19
<b>5</b>	Schutze	Laura	Bowling Green, OH	62	57:10.21

#### **Ages 65 - 69**

<b>1</b>	Miner	Beverly	Bowling Green, OH	67	50:51.68
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#### **Ages 70 - 74**

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#### **Ages 75 - 79**

<b>1</b>	Brown	Rosemary	Bowling Green, OH	79	32:42.84
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